



PRESS RELEASE

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CONTACT: Brad McKinney, Interim City Manager
(909) 394-6210

Email: ndrulias@sandimasca.gov

FOR IMMEDIATE RELEASE

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City of San Dimas Office of the City Manager – Update August 6, 2020

Latest Updates:

- Employers can help prevent outbreaks in the workplace by reporting when you have three or more confirmed COVID-19 cases within 14 days
 - Call 1 (888) 397-3993 or (213) 240-7821 to report these cases to LA County Public Health
 - Public Health will initiate a response which includes a Case Manager to guide the facility response and provide technical support, infection control guidance's, and site-specific control measures
- Understandably, many people may feel depression, distress, or anxiety during the COVID-19 pandemic. Dr. Joshua Gordon, the Director of the National Institute of Mental Health, offers tips you can follow to maintain your mental health and well-being during these challenging times. Visit <https://www.nimh.nih.gov/health/find-help/index.shtml> for more information
- College students: were you living on campus and now back home? Make sure to update your mailing address. LA County is mailing all registered voters a Vote by Mail ballot beginning October 5 to ensure you have a safe voting option in the upcoming November 3 election
 - To check your address, visit <https://lavote.net/>
 - If you need to make changes, re-register at <https://registertovote.ca.gov/>
- Download and print a free resource card from the California Department of Aging for a quick at-a-glance list of resources and helplines for older adults. Continue to reach out and keep our communities safe and healthy. Download and share the resource card [HERE](#)
- Los Angeles County Parks and Recreation is hosting another Overnight Family Fishing and Camping event on Friday, August 14 at Bonelli Park, Castaic Lake, Kenneth Hahn Recreation area, Santa Fe Dam, and Whittier Narrows Park
 - Visit <https://apm.activecommunities.com/LosAngelesCounty> to reserve your spot today
- Do you know a student who is interested in lending their voice to conversations about public education and youth issues? LA County Office of Education recently launched a Student Advisory Council to garner input from 25 diverse, high schoolers. Applications are due Friday, August 28. Apply [HERE](#)
- Reminder: the deadline for round three of the LA COVID Fund grant applications is tomorrow, August 7, at 11:59 pm. Read about the application and eligibility provisions at <https://www.lacovidfund.org/>